

February Daily Activities

February 1st. (WEDNESDAY)

9:30am. Grocery shopping @ Stop & Shop
10:00am. Tai Chi Class #1 with Barb Santasiero
10:00am. Creative Writing with Anne Marie Somma
11:00am. Zumba Tami Dragon @ Cross Pointe Plaza-\$5.00
11:30am. Betty's Center Lunch-\$2.50 (ENL)
12noon to 2:00pm. Blood pressure screening W/vna 10:00pm.
Knitting/Crocheting class with Aline Waldmann
1:00pm. Wii Bowling League #1 with Mary Henao
1:30pm. Line Dancing Class with Lois Marticello-\$2.00

February 2nd. (THURSDAY)

9:30am. Hairdressing @ Kaynor Tech.
9:30am. Senior Exercise Class
10:30am. Grocery shopping @ Oliver's Supermarket
10:00am. Book Club with Marie Delage
11:30am. Betty's Center Lunch-\$2.50 (ENL)
1:00pm. Wii Golf League with Don Ensero
4:45pm. All Jazz First Thursday-Mattatuck Museum-\$15

February 3rd. (FRIDAY)

9:30am. Weight Strengthening Class with the Ensero's
11:00am. Reiki Therapy Sessions with Augusta Ozdemirer
11:30am. Fried Chicken Lunch-\$6.00 (SCL)
1:00pm. Visiting Angels sponsored BINGO-\$1.00

February 4th. (SATURDAY)

10:00am. to 12noon Computer Class #5 with Tom Petrillo

February 5th. (SUNDAY)

12:30pm. "Titanic" @ Warner Theater-\$28

February 6th. (MONDAY)

9:00am. AARP Driver Safety Course
9:00am. FREE Hearing screenings with And-How-Screening
9:30am. "Song Birds" @ Mulberry Gardens
9:30am. Exercise Class
10:00am. Bridge Lessons with Linda Favale
10:30am. NO Wii Bowling League #2 with Mary Henao
NO Center Lunch
1:00pm. Dance Social with Stan Scott-\$6.00
1:30pm. Yoga Class #1 with Kathleen Grecco-\$15 for 4-week session

February 7th. (TUESDAY)

9:30am. SLIM Club
10:00am. Art Class #4 with Judy Jaworski
10:00am. Lucy's Craft Class-St. Patty's Day wreath-\$8
10:00am. Wii Bowling League #2 with Mary Henao
11:30am. Lunch @ BARC/Dollar Tree Store
NO Center Lunch
1:00pm. BUNCO
1:00pm. Setback

February 8th. (WEDNESDAY)

9:30am. Christmas Tree Store/Cracker Barrel
10:30am. Grocery shopping @ Stop & Shop
10:00am. Creative Writing Class with Anne Marie Somma
10:00am. Free hand massages & mini manicures with Roberta Winters
10:00am. Tai Chi Class #2 with Barb Santasiero
11:00am. Zumba Class with Tami Dragon @ Cross Pointe Plaza-\$5.00
11:30am. Betty's Center Lunch-\$2.50 (ENL)
12noon to 2:00pm. Free blood pressure screening with VNA nurse
1:00pm. Knitting/Crocheting class with Aline Waldmann
1:00pm. Wii Bowling League #1 with Mary Henao
1:30pm. Line Dancing Class with Lois Marticello-\$2.00

February 9th. (THURSDAY)

9:30am. Senior Exercise Class
9:30am. Grocery shopping @ Oliver's Supermarket
10:00am. Valentine's Day cookie decorating with Roberta Winters-FREE
10:30am. Calligraphy Class with Jann Lamb
NO Center Lunch
1:00pm. Mardi Gras Casino Afternoon
1:00pm. NO Wii Golf with Don Ensero

February 10th. (FRIDAY)

9:30am. Weight Strengthening with the Ensero's
11:00am. Reiki Therapy Sessions with Augusta Ozdemirer
11:30am. Lucy's kielbasi -\$6.00-(SCL)
1:00pm. BINGO-\$1.00

February 11th. (SATURDAY)

9:30am. FREE Open Swim @ Woodland High School
10:00am. to 12noon-Computer Class #6 with Tom Petrillo
1:00pm. "Love in the Afternoon" @ Elim Park-\$20

February 12th. (SUNDAY)

10:30am. Chocolate Lover's Expo. @ Crowne Plaza-\$20

February 13th. (MONDAY)

Center CLOSED-Lincoln's Birthday

February 14th. (TUESDAY)

9:30am. SLIM Club
10:00am. Art Class #5 with Judy Jaworski
11:30am. Valentine's Day Party-\$12
1:00pm. Setback

February 15th. (Wednesday)

9:30am. Grocery shopping @ Stop & Shop
10:00am. Tai Chi Class #3 with Barb Santasiero
10:00am. Creative Writing Class with Anne Marie Somma
11:00am. Zumba class with Tammi Dragon @ Cross Pointe Plaza-\$5.00
11:30am. Lunch @ Painted Pony-\$5.50

February Daily Activities

NO Center Lunch

12noon to 2:00pm. Free blood pressure screening with VNA nurse
 1:00pm. Knitting/Crocheting Class with Aline Waldmann
 1:00pm. Wii Bowling League #1 with Mary Henao
 1:30pm. Line Dancing with Lois Marticello-\$2.00
 2:00pm. FREE Art Class @ Paradigm Healthcare Center

February 16th. (Thursday)

8:30am. Day trip to Mohegan Sun Casino
 9:30am. Grocery shopping @ Oliver's Supermarket
 9:30am. Senior Exercise Class
 10:00 am. Home Health Care Presentations with Chris Banner
 10:30am. Calligraphy Class with Jann Lamb
 11:30am. Lunch & Learn @ Paradigm Health Care Center
 NO Center Lunch
 1:00pm. WHIST
 1:00pm. Wii Golf League with Don Ensero

February 17th. (Friday)

9:30am. Weight Strengthening Class with the Ensero's
 11:00am. Reiki Therapy Sessions with Augusta Ozdemirer
 11:30am. Lucy's Spaghetti & Meatball Lunch-\$6.00 (SCL)
 1:00pm. BINGO-\$1.00
 4:30pm. Hart's School of Music/Vito's by the Park-\$15

February 18th. (SATURDAY)

9:30am. FREE Open Swim @ Woodland High School
 10:00am. to 12noon-Computer Class #1 with Tom Petrillo

February 20th. (MONDAY)

Center CLOSED-President's Day

February 21st. (TUESDAY)

9:30am. SLIM Club
 10:00am. Art Class #6 with Judy Jaworski
 10:00am. Sue's Jewelry Class-Multi-Colored Beaded Bracelet-\$6.00
 10:00am. Wii Bowling League #2 with Mary Henao
 10:30am. Red Hats Meeting/Lunch @ Nino's Restaurant
 NO Center Lunch
 1:00pm. Northeast Utility Energy Bingo
 1:00pm. Setback
 4:30pm. Galvanized Jazz Band @ Elim Park/Carrie Welton's Restaurant-\$5

February 22nd. (WEDNESDAY)

9:30am. Grocery shopping @ Stop & Shop
 10:00am. Tai Chi Class #4 with Barb Santasiero
 10:00am. Creative Writing Class with Anne Marie Somma
 10:00am. Personalized Nutrition & Medication Presentation
 11:00am. Zumba Class with Tammi Dragon @ Cross Pointe Plaza-\$5.00
 11:30am. Betty's Center Lunch-\$2.50 (ENL)
 12noon to 2:00pm. Free blood pressure screenings with VNA nurse.
 1:00pm. Knitting/Crocheting Class with Aline Waldmann
 1:00pm. Wii Bowling League #1 with Mary Henao
 1:30pm. Line Dancing Class with Lois Marticello-\$2.00

February 23rd. (THURSDAY)

9:30am. Grocery shopping @ Oliver's
 9:30am. Senior Exercise Class
 10:30am. Calligraphy Class with Jann Lamb
 10:30am. Lip Care in Winter with Luisa Gurga
 10:30am. Lunch @ Silver City Bistro
 NO Center Lunch
 12:30pm. Late Nite Catechism @ Warner Theater-\$32
 1:00pm. Wii Golf with Don Ensero

February 24th. (FRIDAY)

9:30am. Weight Strengthening Class with the Ensero's
 10:45am. Lunch @ Royal Buffet
 NO Center Lunch
 11:00am. Reiki Therapy Sessions with Augusta Ozdemirer
 1:00pm. BINGO-\$1.00

February 25th. (Saturday)

9:30am. Open Swim @ Woodland High School
 10:00am. Ct. Flower Show/Vito's by the Park-\$30
 10:00am. to 12noon Computer Class #2 with Tom Petrillo

February 27th. (MONDAY)

8:30am. Breakfast with Betty-\$3-Baked Omelet
 9:30am. Songbirds @ Highland Rehabilitation
 9:30am. Senior Exercise Class
 10:00am. Bridge Lessons with Linda Favale
 10:30am. Wii Bowling League #2 with Mary Henao
 11:30am. Lunch @ Bella Vita
 NO Center Lunch
 1:00pm. Dance Social with Vinnie Carr-\$6
 1:00pm. ID Fraud with Mike Savenelli of BCI Financial
 1:30pm. Yoga #2 with Kathleen Grecco
 7:00pm. UCONN Women's Basketball vs. Notre Dame-\$15

February 28th. (TUESDAY)

9:30am. SLIM Club
 9:30am. AHL Hartford Whale Hockey @ XL Center/Vito's by the Park-\$25
 10:00am. Art Class #1 with Judy Jaworski
 11:30am. Grinder lunch-tuna, Italian Combination, Roast beef-\$6.00
 1:00pm. Senior Meeting/Card Bingo to follow
 1:00pm. Setback

February 29th. (WEDNESDAY)

9:30am. Pool Tournament & Lunch
 9:30am. Daytrip to Stew Leonard's
 10:00am. Tai Chi #5
 10:00am. Creative Writing with Anne Marie Somma
 11:00am. Zumba Class with Tammi Dragon @ Cross Pointe Plaza-\$5.00
 11:00am. FREE lunch @ Highland Rehabilitation
 NO Center Lunch
 12noon to 2:00pm. Free Blood pressure screenings with VNA nurse
 1:00pm. Knitting/Crocheting with Aline Waldmann
 1:00pm. Wii Bowling League #1 with Mary Henao
 1:00pm. Grocery shopping @ Stop & Shop
 1:30pm. Line Dancing Class with Lois Marticello-\$2.00